

# Repairing Harm Reflection

What happened?	How are you feeling?		
Describe what happened in your own words.	<b>Angry</b>	<b>Nervous</b>	<b>Relaxed</b>
	<b>Confused</b>	<b>Hopeless</b>	<b>Shocked</b>
	<b>Agitated</b>	<b>Lonely</b>	<b>Tired</b>
What need to happen now to make things better?	What could you do next time to avoid being in the same situation?		
What do you suggest we do to repair the harm that was caused?	What have you thought about since this happened? How could we avoid this?		